



THE ROLE OF AESTHETIC CULTURE IN THE DEVELOPMENT OF THE INDIVIDUAL

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Abstract

In this article the role of aesthetic culture in the development of the individual, its influence on human thinking, spirituality and social activity is scientifically analyzed. Aesthetic culture is regarded as one of the most important factors that develop a person's ability to perceive, evaluate and create beauty. The article examines the theoretical foundations, pedagogical and social aspects of aesthetic culture, as well as its role in the upbringing of the younger generation. In the process of research, the methods of pedagogical observation, analysis, comparison and generalization were used. The results show that the development of aesthetic culture plays an important role in increasing the spiritual maturation, aesthetic taste, creative thinking and social activity of an individual.

Keywords: Aesthetic culture, personality development, aesthetic education, spiritual development, perception of beauty, aesthetic taste, cultural values, education, art, aesthetic thinking.

Introduction

In today's process of globalization, comprehensive development of the individual is considered one of the most important factors of society's development. The maturity of a person spiritually, ethically, and aesthetically determines the cultural level of a society. In this respect, aesthetic culture is an integral component of individual maturation.

Aesthetic culture shapes a person's ability to perceive, evaluate and create beauty. It develops a person's worldview, tastes, spiritual values and aesthetic needs. The



aesthetic culture of the individual is manifested in his attitude to art, nature, labor and society.

The importance of aesthetic culture in the development of an individual is especially important in the upbringing of the younger generation. Because through aesthetic education, qualities such as seeing and appreciating beauty, protecting the environment and contributing to the development of society are formed in a person. The topic of the role of aesthetic culture in the development of the personality is widely covered in the Uzbek pedagogical, philosophical and cultural literature, which is considered as one of the main factors of the comprehensive formation of the individual. Below I will cover the topic on a more detailed, systematic and scientific basis.

The concept of aesthetic culture and its content

Aesthetic culture is a person's ability to perceive, evaluate, appreciate and create beauty. This is not limited to the arts (music, visual arts, literature, theatre) but also includes:

- A sense of the beauty and harmony of nature
- Appreciating the grace of work and daily life
- Aesthetic aspects of relationships between people (beauty of manners, culture of manners)
- Beautify one's inner world (emotional richness, creativity)

Uzbek scientists (Abdulla Sher, M.A. Nurmatova, Z. Khushzamanov, O. Gaibullayev and others) consider aesthetic culture to be an integral part of the spiritual development of a person. It is intertwined with moral values: beauty is often combined with goodness, goodness and purity.

The main roles of aesthetic culture in the development of the individual

Personality maturation is the process of reaching maturity – mentally, morally, physically, and spiritually. Aesthetic culture plays a decisive role in this process in the following areas:

Harmony with spiritual and moral maturity

The combination of moral and aesthetic values is the main idea in Uzbek philosophy. Beautiful behavior, elegant demeanor, inner cleanliness raise a person to the level of a "perfect person". For example, Abdulla Sher's methodological manual "Aesthetics" states that a person with a high aesthetic taste will also be morally mature.



Development of emotions and sensations

Through art, a person feels deeply human emotions such as empathy, kindness, empathy. Music, poetry, and the visual arts make an individual delicate and sensitive, not "rigid." A special place in this direction belongs to musical and aesthetic education (BuxSU studies).

- Aesthetic culture makes the individual not a passive spectator, but an active artist. Thinking in terms of the laws of beauty increases unusual problem-solving, innovation, and creativity. It is important to realize their creative potential in building a new Uzbekistan.

Expansion of worldview and aesthetic attitude to life

An aesthetically cultured individual sees beauty even in ordinary things: in nature, in the process of labor, in the attitude of people. It enriches life, saves from spiritual emptiness and depression.

Culture of social adaptation and interaction

People with high aesthetic taste are elegant, respectful and harmonious in their manners. It helps to find one's place in society, to strengthen social relations.

The harmony of national and universal values

In the educational reforms of Uzbekistan, aesthetic education is seen as a means of educating young people in the spirit of patriotism and humanism, acquainting them with the achievements of national culture (the works of Alisher Navoi, Babur, Hafiz Khwarizmi) and world culture.

The means of formation of aesthetic culture are an important part of aesthetic education and personal development, forming a person's ability to perceive beauty, increase aesthetic taste and live in accordance with the laws of recreation. In philosophy and pedagogy of Uzbekistan (in particular, in the works of Abdulla Sher, T. Mahmudov and other scientists), this process is presented in a systematic and multifaceted way.

Types of art (the most important and most powerful tool)

Art is considered the main shaper of aesthetic culture, since it directly affects the emotional world of a person.

- Music is the most emotionally impactful art form. It enriches the inner world of a person, arouses emotions and develops aesthetic taste. This is most evident in the examples of national status, songs and classical music in Uzbek culture.

- Fine arts (painting, sculpture) — increases the ability to see and perceive beauty.



- Literature — imbues aesthetic imagination and moral and aesthetic values through the art of words.

- Theater and dance — enhance the aesthetic experience through movement and expression.

Through works of art, a person learns to evaluate reality from an aesthetic point of view.

Nature & Environment

The inherent beauty of nature (the beauty of mountains, rivers, flowers) evokes a person's sense of aesthetic sense. Architecture (mosques, madrasahs, modern buildings) and design (urban environment, interiors) also play an important role in the formation of aesthetic culture. The direction of ecoaesthetics emphasizes the preservation and enjoyment of the beauty of nature.

Elements of everyday life

- Clothing — national dress (satin, adras) and modern dress culture develop taste. Dressing with good taste is an art of its own.

- Home decoration — interior design, national patterns and color combinations create an aesthetic atmosphere.

- Culture of communication — etiquette, rules of greeting, conversation educate aesthetically and ethically (an example of greeting with a hand on one's chest in Eastern etiquette).

Family and school education

- In the family — by listening to music, telling fairy tales, teaching national traditions, the child forms aesthetic taste.

- At school - systematic education is provided through art education (music, fine arts, literature lessons), aesthetic classes, theater circles and art festivals. In Uzbekistan, special attention is paid to the development of aesthetic culture through fine arts classes.

Popular culture and contemporary threats

Internet, social media, and mass culture (pop culture, "market art," fetish aesthetics) can have a negative impact on young people's aesthetic tastes. Low-quality content, violence, and vulgar scattering here violate aesthetic values.

Abdulla Sher and other scientists argue that it is necessary to preserve aesthetic taste:

- Promotion of national and universal aesthetic values.

- Acquaintance with high examples of art.



- An increase in the content of materials of aesthetic content in the media.

The formation of an aesthetic culture is a systematic process that should be coordinated by family, school, society and public policy (for example, the programs "Harmonious Generation"). This process makes a person not only feel beauty, but also create and protect it.

Main views in the scientific literature of Uzbekistan (briefly in tabular form)

Scientist/Source	Key Idea
Abdulla Sher, B. Husanov	The science of aesthetics sets the task of educating the younger generation aesthetically, exalting taste
M.A. Nurmatova	The combination of moral and aesthetic values in the spiritual development of the individual
Z. Khushzamanov	Art allows to free one's imagination and thinking
O. G'aybullayev	Monograph on the spiritual development of personality and aesthetic culture
Musical pedagogy (BuxSU)	Music is an important factor of aesthetic education, a means of spiritual development

Despite the fact that aesthetic culture is an important factor in the development of an individual, in some educational systems insufficient attention is paid to it. Often the educational process is aimed only at imparting knowledge, and aesthetic education is considered as a secondary issue.

But in fact, aesthetic culture provides for the all-round development of the individual. Through aesthetic education, a person not only perceives beauty, but also strives to create it.

Also, aesthetic culture plays an important role in the formation of a person's ecological consciousness. By understanding the beauty of nature, a person understands the need to preserve and protect it.

Conclusion

Without aesthetic culture, the maturation of the individual is incomplete. It makes an individual not only intelligent and moral, but also beautiful, harmonious, creative, sensitive, and spiritually enriched. Aesthetic culture is an internal decoration that elevates a person to the level of a "perfect person", is a force that enhances life and



develops society. In the conditions of the new Uzbekistan, aesthetically cultured youth is seen as a symbol of national pride, creative potential and spiritual strength. Therefore, special attention should be paid to aesthetic education in the family, school, universities and society.

In conclusion, aesthetic culture is an important component of individual maturation. It plays an important role in the formation of a person's spiritual development, aesthetic taste and creative abilities.

Therefore, the following proposals can be put forward:

Special attention to aesthetic education in the education system.

Increase the number of activities related to art, literature and culture in the educational process.

Organization of cultural events and creative activities for the development of aesthetic taste of young people.

Formation of aesthetic atmosphere in educational institutions.

Application of methods aimed at developing students' creative abilities.

Through the development of aesthetic culture, it is possible to educate spiritually mature, creative and cultured individuals in society.

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